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Public Health

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## YOU CAN GET A FLU SHOT AT CATAWBA COUNTY PUBLIC HEALTH

Appointments for flu shots will be available at Catawba County Public Health between the hours of 8 am-5 pm.

Medicaid and Medicare Part B insurance will cover flu shots. **Bring your card with you!** For anyone who does not have Medicaid or Medicare Part B coverage, flu shots will be available for \$23 and may be paid for by CASH and CHECK ONLY.

The following groups of people are encouraged to get vaccinated each year:

- People 50 years old and older;
- People who live in nursing homes and other long-term care facilities that house those with long-term illnesses;
- People who have household contact with infants or children ages 0 to 5 years of age, or ared out of home caregivers for children in that age group.
- Adults with chronic heart or lung conditions, including asthma;
- Adults who need regular medical care or were in a hospital during the previous year because of a metabolic disease (like diabetes), chronic kidney disease, or weakened immune system;
- Women who will be pregnant during the influenza season;
- All healthcare personnel;
- People with any condition that can compromise respiratory conditions.

For more information, contact Catawba County Public Health at 828-695-5800 or visit the website at www.catawbacountync.gov/phealth or the National Immunization Program's website at www.cdc.gov/nip/flu/.

